

# NORTH PENN Community Education Program

SPRING 2020

## Continued Learning

### English for Everyday: Adult Beginner ELD New

Learn and use basic vocabulary for use at work, home and in the community. The programs and services provided by the school district and community will also be discussed. INST: ALICE MURPHY

➤ **ED105S** - Tu, 2/25-4/14

➤ KN/Library ➤ 7-9 pm

➤ **Fee: \$10**

### French 2 New

You'll improve your ability to speak and read the language as you learn new vocabulary and grammar. Continue to develop comprehension, improve pronunciation and learn about the French culture. Pre-requisite: French 1 or knowledge of the following: greetings, numbers, alphabet, -er verbs, and telling time. INST: CYNTHIA KING

➤ **ED175.1** - Mo, 2/24-4/20 (NC: 4/13)

➤ NPHS/E15 ➤ 7-8:30 pm

➤ **Fee: \$80/GC: \$40**

### Spanish for Beginners

Learn with grammatical concepts and idiomatic expressions while you develop your vocabulary and knowledge. This class will help if you are going on a trip, use Spanish at work or if you just want to learn more phrases. The book used for the class is "Spanish in 10 Minutes a Day" and is available at amazon.com. INST: MARTHA TOLL

➤ **ED155** - Tu, 2/25-4/14

➤ NPHS/K32 ➤ 6-7:30 pm

➤ **Fee: \$80/GC: \$40**

### Digital Photography Introduction

Digital camera users learn different camera modes for people, landscapes, sports, flowers, etc. Course includes trip to Valley Forge Park on 4/6 and a night trip on 4/3. INST: LOU LIGUORI

➤ **PH10S** - We, 3/11-4/7 (last class Tu, 4/7)

➤ NPHS/K125 ➤ 7-9 pm

➤ **Fee: \$70/GC: \$35**

### Digital Photography Intermediate

Learn in-depth skills for photographing people, flowers, and sports. Includes a trip to Elmwood Park Zoo (5/9) and to Fischer Park (5/13). Photo assignments provide a "how to" experience. Photos will be critiqued for lighting, composition and camera technique. A digital SLR camera is preferred and a tripod recommended. INST: LOU LIGUORI

➤ **PH11S** - We, 4/22-5/20

➤ NPHS/K125 ➤ 7-9 pm

➤ **Fee: \$70/GC Fee: \$35**

### AARP Smart Driver: Basic Course

Learn the effects of aging on driving. Participants 55+ receive a certificate upon completion. Contact your insurance carrier for possible premium discounts. Bring a driver's license and a check made out to AARP for the course fee. INST: MARC SATALOF

➤ **ED10S** - Mo/Tu, 3/9-3/10

➤ NPHS/K30 ➤ 5-9 pm

➤ **Fee: \$15 (AARP Members)/\$20 (Non Members)**

### AARP Smart Driver: Refresher Course

To attend this class, the basic class had to be completed within the last three years. Learn the effects of aging on driving. Participants 55+ receive a certificate upon completion. Contact your insurance carrier for possible premium discounts. Bring driver's license and a check made out to AARP for the course fee. INST: MARC SATALOF

➤ **ED11S** - Mo, 3/16

➤ NPHS/K30 ➤ 5-9 pm

➤ **Fee: \$15 (AARP Members)/\$20 (Non Members)**

### American Mah Jongg

Instruction is at a relaxed pace with opportunities to practice and try out strategies. There is coached as well as independent play. INST: SHEILA MAZZOLI

➤ **ED34S** - Tu, 3/24-4/27 (Last class Mo, 4/27)

➤ NPHS/Faculty Dining Room ➤ 6:45-8:45 pm

➤ **Fee: \$70/GC: \$35** ➤ **Mats Fee: \$9**

### How to Dress to Look Younger New

Stylish women are ageless. Learn the four styling principles that will make you look ageless along with a few dressing mistakes that make you look older. The best thing is that you can apply those principles right away without even shopping for more clothes. INST: NADIA KARPOV

➤ **ED47S** - Th, 4/16

➤ NPHS/FK32 ➤ 6:30-8:30 pm

➤ **Fee: \$30**

### You're On The Air...How To Make It In Voice Overs

Learn how YOU could begin using your speaking voice for commercials, films and videos! Learn a unique, outside-of-the-box way to cash in on one of the most lucrative full- or part-time careers out there! You can handle business on your own terms, on your own turf, in your own time and with practically no overhead! Companies are looking for new voices like never before. INST: SUCH A VOICE

➤ **ED14S** - Mo, 3/23

➤ NPHS/K125 ➤ 6:30-8:30 pm

➤ **Fee: \$30**

SPORTS &  
FITNESS  
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Baking &  
Cooking  
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Technology  
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AQUATICS  
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Arts, Crafts  
& More  
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Gold Card  
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PLANETARIUM  
10

Photo credit: NASA



www.northpenncep.org

# SPORTS & FITNESS

Monday

Tuesday

Wednesday

Thursday

<b>INDOOR SOCCER-ADULT (Mo) - SP12S.1</b> PF/Gym 2/24-5/4 (NC: 4/13) 7-8:30 pm Fee: \$79	<b>INDOOR CYCLING (Tu) - SP29S.1</b> Lansdale Y 3/3-4/21 5:30-6:25 pm Fee: \$57/GC: \$28.50	<b>INDOOR SOCCER-ADULT (Mo/We) - SP12S.3</b> PF/Gym Mo; PB/Gym We 2/24-5/6 (NC: 4/8, 4/13) 7-8:30 pm Fee: \$142	<b>ORIENTEERING (Th) - SP60S</b> NPHS/K30 2/27-3/12 7-8:30 pm Fee: \$46
<b>INDOOR SOCCER-ADULT (Mo/We) - SP12S.3</b> PF/Gym Mo; PB/Gym We 2/24-5/6 (NC: 4/8, 4/13) 7-8:30 pm Fee: \$142	<b>BODY PUMP (Tu) - SP21S.1</b> Lansdale Y 3/3-4/21 5:45-6:40 am Fee: \$57/GC: \$28.50	<b>INDOOR SOCCER-ADULT (We) - SP12S.2</b> PB/Gym 2/26-5/6 (NC: 4/8) 7-8:30 pm Fee: \$79	<b>PILATES (Tu/Th) - SP20S.3</b> NW/Cafe 3/3-4/30 (NC: 3/26, 4/9) 6:15-7:15 pm Fee: \$97/GC: \$48.50
<b>EXTREME YOGA (Mo) - SP70S.1</b> OP/Gym 3/2-4/27 (NC: 4/13) 6:15-7:15 pm Fee: \$57/GC: Free	<b>PILATES (Tu) - SP20S.1</b> NW/Cafe 3/3-4/21 6:15-7:15 pm Fee: \$57/GC: Free	<b>BASIC BALLROOM DANCE (We) - SP11S</b> WF/Gym 2/26-5/6 (NC: 3/18, 3/25, 4/8) 7:30-9:30 pm Fee: \$108/GC: \$54 couple	<b>ZUMBA (Tu/Th) - SP26S.3</b> HF/Gym 3/3-4/30 (NC: 4/9) 6:45-7:30 pm Fee: \$90/GC: \$45
<b>BODY COMBAT (Mo) - SP60S.1</b> Indian Valley Y 3/2-4/20 7:15-8:15 pm Fee: \$57/GC: \$28.50	<b>PILATES (Tu/Th) - SP20S.3</b> NW/Cafe 3/3-4/30 (NC: 3/26, 4/9) 6:15-7:15 pm Fee: \$97/GC: \$48.50	<b>TAI CHI (We) - SP22S.1</b> Lansdale Y 3/4-4/22 10:15-11 am Fee: \$51/GC: \$25.50	<b>FITNESS YOGA (Tu/Th) - SP19S.3</b> NW/Cafe 3/3-4/30 (NC: 3/26, 4/9) 7:20-8:20 pm Fee: \$97/GC: \$48.50
	<b>ZUMBA (Tu) - SP26S.1</b> HF/Gym 3/3-4/21 6:45-7:30 pm Fee: \$51/GC: Free	<b>GLUTES/GUNS/GUTS (We) - SP75S</b> Lansdale Y 3/4-4/22 5-5:45 pm Fee: \$51/GC: \$25.50	<b>LINE DANCING (Th) - SP60S</b> Lansdale Y 3/5-4/23 12:30-1:30 pm Fee: \$57/GC: \$28.50
	<b>ZUMBA (Tu/Th) - SP26S.3</b> HF/Gym 3/3-4/30 (NC: 4/9) 6:45-7:30 pm Fee: \$90/GC: \$45	<b>BALLET BARRE BURN (We) - SP72S.1</b> Indian Valley Y 3/4-4/22 5:30-6:15 pm Fee: \$51/GC: \$25.50	<b>INDOOR CYCLING (Th) - SP29S.2</b> Lansdale Y 3/5-4/23 5:30-6:25 pm Fee: \$57/GC: \$28.50
	<b>FITNESS YOGA (Tu) - SP19S.1</b> NW/Cafe 3/3-4/21 7:20-8:20 pm Fee \$57/GC Free	<b>INDOOR CYCLING (We) - SP29S.3</b> Indian Valley Y 3/4-4/22 6:30-7:30 pm Fee: \$57/GC: \$28.50	<b>BODY PUMP (Th) - SP21S.2</b> Lansdale Y 3/5-4/23 5:45-6:40 am Fee: \$57/GC: \$28.50
	<b>BODY FLOW (Tu) - SP65S.1</b> Indian Valley Y 3/3-4/21 7-8 pm Fee: \$57/GC: \$28.50	<b>BASKETBALL-ADULT (We) - SP13S</b> NPHS/Columbia Gym 3/4-4/29 (NC: 4/8) 7-9 pm Fee: \$76	<b>PILATES (Th) - SP20S.2</b> NW/Cafe 3/5-4/30 (NC: 3/26, 4/9) 6:15-7:15 pm Fee \$55/GC Free
	<b>FITNESS YOGA (Tu/Th) - SP19S.3</b> NW/Cafe 3/3-4/30 (NC: 3/26, 4/9) 7:20-8:20 pm Fee: \$97/GC: \$48.50		<b>BODY FLOW (Th) - SP65S.2</b> Indian Valley Y 3/5-4/23 6:30-7:25pm Fee: \$57/GC: \$28.50
	<b>GOLF-ADULTS (Tu) - SP28S.1</b> Freddy Hill 4/7-4/28 5:45-6:45 pm Fee: \$63		<b>POUND (Th) - SP80S</b> Indian Valley Y 3/5-4/23 6:30-7:25 pm Fee: \$57/GC: 28.50

SEE CLASS DESCRIPTIONS  
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<b>ZUMBA (Th) - SP26S.2</b> HF/Gym 3/5-4/30 (NC: 4/9) 6:45-7:30 pm Fee: \$51/GC: Free
<b>FITNESS YOGA (Th) - SP19S.2</b> NW/Cafe 3/5-4/30 (NC: 3/26, 4/9) 7:20-8:20 pm Fee: \$55/GC: Free
<b>GOLF-ADULTS (Th) - SP28S.2</b> Freddy Hill 4/9-4/30 5:45-6:45 pm Fee: \$63

# SPORTS & FITNESS

Friday

Saturday

Sunday

No Classes

## BOXING (Sa) - SP24S.1

Lansdale Y

2/29-4/18

11 am-12 pm

Fee: \$57/GC: \$28.50

## TAI CHI (Su) - SP22S.2

Lansdale Y

3/1-4/26 (NC: 4/12)

11 -11:45 am

Fee \$51/GC \$25.50

## CLASS DESCRIPTIONS

### Ballet Barre Burn

Change your core, flexibility and endurance while doing ballet movements in a fitness format. Strengthen, lengthen and tone your body while using a barre for support. No prior dance experience needed. Workout in socks or bare feet. INST: INDIAN VALLEY YMCA

### Basic Ballroom Dance

Have fun and learn steps to many of the modern dances. Master the beginner steps to the fox-trot, waltz, swing, rumba, cha-cha and polka. For couples only. INST: BONNIE & TED KNAUSS

### Basketball For Adults

Calling all basketball players for recreational play. New pickup teams compete each week in "call your own rules" play. INST: MATT BRICK

### Body Combat

Body Combat is a cardio workout inspired by a wide array of disciplines such as Karate, boxing, Taekwondo, Tai Chi and Muay Thai. Choreographed to music, you kick, punch and kata your way through calories to superior cardio fitness. INST: NORTH PENN YMCA

### Body Flow

Ideal for anyone and everyone, BODYFLOW® is the yoga-based class that improves your mind, your body and your life. During BODYFLOW®, an inspired soundtrack plays as you bend and stretch through a series of simple yoga moves and embrace elements of Tai Chi and Pilates. INST: INDIAN VALLEY YMCA

### Body Pump

Revolutionary weight-training workout that strengthens, tones and defines every muscle in your body. INST: NORTH PENN YMCA

### Boxing

This class develops footwork, conditioning and endurance. Learning jab combinations, working with pads, speed bag and heavy bag techniques. Use offensive and defensive skills with no physical contact. Hand wraps are provided but you must bring your own gloves. INST: NORTH PENN YMCA

### Extreme Yoga

Release stress, increase flexibility, and build strength while moving at a steady pace through Yoga postures. This class can be modified for all fitness levels. INST: INDIAN VALLEY YMCA

### Fitness Yoga

Release stress, increase flexibility, better balance and coordinate muscle relaxation while building strength. INST: NORTH PENN YMCA

### Glutes/Guns/Guts

Shape muscles through the body with strength work. INST: NORTH PENN YMCA

### Golf For Adults

This introduction to golf teaches the basics: proper grip, stance, set-up, alignment, the different parts of a golf swing. Chipping and putting techniques will be covered, as well as basic golf rules and etiquette. Clubs will be available. A \$8 fee for a bucket of balls will be paid to Freddy Hill nightly. INST: GREG VIDA

### Indoor Cycling

Workout on stationary bikes, climb hills, sprint and race in a group setting. New riders and cycling enthusiasts are welcome. INST: NORTH PENN YMCA

### Indoor Soccer For Adults

Five on five indoor soccer for adults. Non-competitive fun. INST: STEVE ELSENBAUMER

### Line Dancing

Choreographed to a variety of music with repeating series of steps that are performed in unison. High energy, low impact, calorie burning class. INST: NORTH PENN YMCA

### Orienteering

Orienteering is a sport of Scandinavian origin that mixes the love and respect for the great outdoors with both mental and physical challenges. Learn to read detailed topographic maps and how to use a compass. INST: MARY FRANK

### Pilates

Strengthen and lengthen your entire body with the main focus being on the "core" abs and back. All levels are welcome. INST: NORTH PENN YMCA

### Pound

The POUND workout fuses cardio interval training with drumming to provide a challenging, heart-pumping workout. It's a full-body workout and targets common trouble spots. INST: NORTH PENN YMCA

### Tai Chi

This calming workout focuses on healing and rejuvenation. The Sun Style form of Tai Chi adapted from master trainers is taught. This class may be practiced entirely with the assistance of a chair. INST: NORTH PENN YMCA

### Zumba

Zumba is a fusion of Latin and International music combining fast and slow rhythms that tone and sculpt the body. INST: NORTH PENN YMCA



## Cancellation of Classes due to Inclement Weather is announced on:

- [www.npenn.org](http://www.npenn.org)
- Twitter @NPSD
- NPTV Comcast 28/Verizon FIOS 29
- Radio Station WNPV 1440 AM
- KYW-Snow Number 303





# Baking & Cooking

Please be aware that some of the ingredients used in these classes may contain traces of peanuts, peanut oils, tree nut, egg or other food allergens. Bring an appetite and a non-alcoholic beverage to class. The following classes are offered in partnership with KITCHEN WIZARDS.

All class costs are per class and are held:

- NPHS/F131 ➤ 6-8 pm
- Fee: \$30/GC: \$15 ➤ Mats Fee: \$12

## Four Cheers for Chocolate **New**

Learn to make delicious chocolate desserts, including: moist chocolate cake with Grandmom's fudge frosting, molten lava cakes, black and white shortbread cookies and Austrian chocolate balls.

- AE77S - Th, 3/19

## Brighten Your Brunch Celebration **New**

Learn to prepare a brunch spread that will appeal to everyone that includes: two types of quiche, scones, salad and chocolate chip Danish pinwheels.

- AE78S - We, 4/1

# Technology

## BASIC MICROSOFT EXCEL

Learn about the different tools and commands on the Ribbon by creating and formatting worksheets, including number formats, basic math formulas and functions and how to sort and filter data with in-class exercises. INST: KAREN KELLY

- CP11S - Tu, 2/25-3/24
- NPHS/K127 ➤ 6:30-9 pm
- Fee: \$71

## INTERMEDIATE EXCEL

Topics covered include Excel text, date and logical functions, applying conditional formatting, drop-down lists, defining named ranges and creating and inserting graphs. This is fast paced with in-class exercises. Basic Excel is a pre-requisite.

INST: KAREN KELLY

- CP16S - Tu, 3/31-4/21
- NPHS/K127 ➤ 6:30-9 pm
- Fee: \$65

## Advanced Excel

Topics covered include pivot tables, lookup function, inserting tables, recording macros and a very basic look at VBA code. Learning is fast-paced with in-class exercises. Intermediate Excel is a pre-requisite. INST: KAREN KELLY

- CP12S - We, 4/29-5/27
- NPHS/K127 ➤ 6:30-9 pm
- Fee: \$71

# AQUATICS

## How to Join the Pool:

Membership is required of all participants (residents and non-residents) ages five and above. Memberships are valid September-July and are not transferable. Each person is entitled to three free admissions to the Tuesday, Thursday or Friday night recreational or fitness swims.

**No refunds, only one-year credits for withdrawal from class.**

Membership Fees:

- \$25 resident, \$30 non-resident,
- \$54 resident family, \$64 non-resident family.
- Gold Card FREE for resident membership only.

**Season Pass:** Season pass (adults only) is \$160 and entitles swimmers to use the facility for recreational and fitness swims September-July. Season pass holders must be members of the aquatic program.

**Medical Cards:** Cards must be completed and returned to the pool office before participating in any program. A parent/guardian may complete children's medical cards. Medical cards may be obtained at the NPHS Pool, Educational Services Center or online at [www.npenn.org/aquatics](http://www.npenn.org/aquatics).

**Aquatics Registration:** Online registrations are accepted through [www.northpennaquaticclub.org](http://www.northpennaquaticclub.org).

## NP Community Water Polo – AGES 7-18

For more information, please contact Jason Grubb at [grubbit@npenn.org](mailto:grubbit@npenn.org) or visit [www.northpennaquaticclub.org](http://www.northpennaquaticclub.org).

## Pre-Competitive Clinic

For children who have completed Beginner II Learn to Swim Lessons and are interested in joining a swim team. All four competed strokes plus starts and turns will be taught. Visit [www.northpennaquaticclub.org](http://www.northpennaquaticclub.org) for more information.

- Mo/Th, 2/3-3/16 (NC: 2/17)
- NPHS/Pool ➤ 6-7 pm
- Fee: \$94 + Membership

## North Penn Aquatic Club Spring Warm Up

Will be held during the months of April and May 2020. For more information, contact Jeff Faikish at [faikisd@npenn.org](mailto:faikisd@npenn.org) or visit [www.northpennaquaticclub.org](http://www.northpennaquaticclub.org).

## Five Year Old Learn To Swim

Designed for water-adjusted children who do not meet the Learn to Swim basic requirement. This will prepare children for group lessons and teach them pre-beginner skills of floating, kicking and breathing. Teacher-student ratio will be 1 to 2.

- Tu/Th, 3/12-4/7
- NPHS/Pool ➤ 4:30-5 pm
- Fee: \$73 + Membership

## Parent & Child Swimming Instruction

Designed for children age 3-5 who have not yet entered first grade. Class will help prepare your child for our Learn to Swim group lessons and develop water adjustment and confidence. They will learn to relax in the water, have fun and learn to float and kick. A teacher from the deck will direct parents (who must be members of the Community Aquatic Program) in the water to lead their children through various skills to help develop water adjustment and confidence. Swim diapers must be worn instead of regular, disposable diapers.

- Tu/Th, 3/12-4/7
- NPHS/Pool ➤ 4:30-5 pm
- Fee: \$73 + Membership

## Water Aerobics

Fun and fitness through water exercise performed in 3.5-4 feet of water. Class includes warm-up, progressive aerobic exercises, resistive exercises to music and cool-down.

- We, 3/18-5/13
- NPHS/Pool ➤ 7-8 pm
- Fee: \$73 + Membership

## Lifeguard Training

Participants must be 15 years old before the last scheduled class session. Sessions fill quickly and enrollment is limited. Registration begins in January 2020. Visit [www.npenn.org/aquatics](http://www.npenn.org/aquatics) for more information.

- Tu, 2/25-5/19
- NPHS/Pool ➤ 7-10 pm
- Fee: \$340

## Adult Lap & Fitness

Visit [www.npenn.org/aquatics](http://www.npenn.org/aquatics) for dates, times, fees, information and pool closures concerning these programs. No pre-registration necessary. Participants must be members of the Community Aquatics Program and at least 15 years of age. This swim is open to the public and will be held each week, except on days when school is closed. Fitness swimming lanes will be provided for members who will be asked to circle swim when more than two swimmers are in a lane. **Multiple programs run concurrently.**

- Tu/Th/Fri, 1/2-5/29
- Tu/Thu, 6-7:30 pm; Fr, 7:30-9:30 pm
- Pool Closed: 1/7, 1/16, 1/28, 1/31, 2/14, 2/21, 4/9, 4/10
- Daily Fee: Adult members \$5/Guest \$6

## Family Swim

Visit [www.npenn.org/aquatics](http://www.npenn.org/aquatics) for more information.

- Fr, 1/3-5/29 (NC: 1/31, 2/14, 2/21, 4/10)

# AQUATICS

Classes are taught by experienced instructors with a teacher-student ratio of approximately 1 to 5. Classes will not run with fewer than three students. Participants must be members of the Community Aquatic Program. Former participants should bring a copy of their last progress sheet to the first class. No goggles for children in Pre-Beginner, Beginner and Beginner I levels. Children must be at least five years of age and at least 45" tall. If space is available, registration will be taken after the first day of class, but cannot be prorated. Fee: \$73 per class + membership fee

## Learn to Swim M/W

Adv. Beginner - Intermediate I & II - Swimmer - Adv. Swimmer

- Mo/We, 3/11-4/6
- NPHS/Pool
- 5-5:45 pm
- Fee: \$73 + Membership

## Learn to Swim M/W/F

Pre-Beginner - Beginner - Beginner I - Beginner II

- Mo/We/Fr, 5/4-5/20
- NPHS/Pool
- 4:10-4:55 pm
- Fee: \$73 + Membership

## Learn to Swim M/W/F

Pre-Beginner - Beginner - Beginner I - Beginner II  
Adv. Beginner - Intermediate I & II - Swimmer - Adv. Swimmer

- Mo/We/Fr, 5/4-5/20
- NPHS/Pool
- 5-5:45 pm
- Fee: \$73 + Membership

## Learn to Swim T/Th

Pre-Beginner - Beginner - Beginner I - Beginner II

- Tu/Th, 3/12-4/7
- NPHS/Pool
- 5-5:45 pm
- Fee: \$73 + Membership

## Learn to Swim Sa

Pre-Beginner - Beginner - Beginner I - Beginner II - Adv. Beginner - Intermediate I

- Sa, 2/29-5/2 (NC: 3/7, 4/11)
- NPHS/Pool
- 9-9:45 am
- Fee: \$73 + Membership

## Learn to Swim Sa

Pre-Beginner - Beginner - Beginner I - Beginner II - Adv. Beginner - Intermediate II

- Sa, 2/29-5/2 (NC: 3/7, 4/11)
- NPHS/Pool
- 9:50-10:35 am
- Fee: \$73 + Membership

## Learn to Swim Sa

Pre-Beginner - Beginner - Beginner I - Beginner II - Adv. Beginner - Swimmer - Adv. Swimmer - Stroke Improvement

- Sa, 2/29-5/2 (NC: 3/7, 4/11)
- NPHS/Pool
- 10:40-11:25 am
- Fee: \$73 + Membership



**LEVEL REQUIREMENTS:** Skills listed must be mastered before advancement to the next level.

### Pre-Beginner:

- rhythmical bobbing and exhaling
- back and prone float plus turn (unassisted)
- flutter kick - back and prone (20' with kick board)

### Beginner:

- prone glide and kick
- back glide and kick
- over arm stroke breathing to side
- change of direction

### Beginner I:

- prone glide and kick (25')
- sit dive, over arm stroke (50')
- bilateral breathing pattern

### Beginner II:

- standing dive; over arm stroke (50 yards)
- bilateral breathing pattern
- backstroke (30')

### Adv. Beginner:

- continued skill development
- elementary backstroke

### Intermediate I:

- continued skill development
- sidestroke

### Intermediate II:

- continued skill development
- breaststroke

### Swimmer and Adv. Swimmer:

- continued skill development
- endurance

### Stroke Improvement:

- must complete Adv. Swimmer
- designed for non-competitive swimmers
- further improve strokes with endurance
- work toward lifeguarding course

## SPRING 2020 COMMUNITY AQUATIC PROGRAM ENROLLMENT FORM

For more information, please email Rhonda Diliberto at [diliberto@npenn.org](mailto:diliberto@npenn.org).

Register online at [www.northpennaquaticclub.org](http://www.northpennaquaticclub.org). Registrants may assume acceptance unless otherwise notified.

family last name \_\_\_\_\_ date \_\_\_\_\_

street \_\_\_\_\_

city \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_

cell or home phone \_\_\_\_\_ email \_\_\_\_\_

**Payment may be made by cash, check or money order. Credit cards are only accepted through online registration at [www.northpennaquaticclub.org](http://www.northpennaquaticclub.org).**

Make checks payable to North Penn Community Aquatic Program. Send enrollment form to: North Penn Community Aquatic Program, North Penn High School, Attention: Rhonda Diliberto, Aquatic Director, 1340 Valley Forge Rd., Lansdale, PA 19446.

**1** first name \_\_\_\_\_ age \_\_\_\_\_

class level (refer to Level Requirements) \_\_\_\_\_

start date of session \_\_\_\_\_ day & time \_\_\_\_\_

\$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_

course fee membership fee total fee

**2** first name \_\_\_\_\_ age \_\_\_\_\_

class level (refer to Level Requirements) \_\_\_\_\_

start date of session \_\_\_\_\_ day & time \_\_\_\_\_

\$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_

course fee membership fee total fee

# Just for Kids

## 9TH ANNUAL IRONKNIGHTS TRIATHLON

**May 16, 2020**

(rain date of May 17th)

**7:30 am - 4 pm**

(division start times vary)

Open to North Penn elementary school students. Divisions are separated into the following grades:

**K-2, 3-4, 5-6**

Top three girl & boy division finishers receive an IRONKnight trophy. All participants receive a t-shirt.

Participants provide their own equipment; helmets required for biking.

**REGISTRATION ENDS 4/16!**

Visit [www.runsignup.com/Race/PA/Lansdale/NPIRONKnightsTriathlon](http://www.runsignup.com/Race/PA/Lansdale/NPIRONKnightsTriathlon) to register and pay online.

**FEE: \$25**

For more information, contact your student's Physical Education teacher.

### FREE SWIM PRACTICES

for registrants held at NPHS:  
Sa, 2/29-5/2 (NC: 3/7, 4/11)  
1/2 hour sessions between  
12:15 pm-2:15 pm.  
Sign up required.

## Theater & Kids

All classes taught by Theater & Kids staff. Younger students should be dropped off and picked up in classroom. Older students report to F-Pod balcony.

### Theater For The Very Young - AGE 4 TO GRADE 2

Students are divided into three age levels and rotate through 30 minutes each of music, drama and movement making for an exciting creative morning. The last class includes a 30-minute demo for students to share with family.

➤ **KD10S** - Sa, 2/29-4/4 ➤ NPHS/F-Pod Balcony ➤ 9-10:30 am ➤ **Fee: \$60**

### Acting, Scene Study & Improvisation

#### GRADES 2-6

Students will tackle juvenile scenes and monologues from stage and screen, working on projection, diction, character and style. Improv sweetens the experience with creative games and activities to sharpen performers minds and skills. The last class includes a 30-minute demo performance for family.

➤ **KD70S** - Sa, 2/29-4/4  
➤ NPHS/F-Pod Balcony ➤ 9-10:30 am  
➤ **Fee: \$60**

### Mini Musical: Tom Sawyer

#### GRADES 2-6

An updated, country retelling of the story of one of America's favorite characters. Hand-clapping songs and dances with lots of roles and fun make for a perfect onstage experience. Costumes and sets on a real stage introduce kids to the joys of theatre with lots of encouragement and no pressure. Students should attend class weekly. Performance held in NPHS Audion and is open to family.

➤ **KD60S** - Sa, 2/29-4/4 (Performance - Sa, 4/4)  
➤ NPHS/F-Pod Balcony ➤ 11 am-12:30 pm  
➤ **Fee: \$60**



### Pizza & Cupcakes <sup>New</sup> - AGES 7-12

Kids prepare an individual pizza and homemade Ranch dip to eat with carrots. We will then spend time learning how to decorate cupcakes. Each child will get a vanilla and chocolate cupcake.

➤ **KD85S** - Sa, 3/28  
➤ NPHS/F131 ➤ 10:30 am-12:30 pm  
➤ **Fee: \$30** ➤ **Mats Fee: \$10**

These classes offered in partnership with Kitchen Wizards. *Please Note: Some of the ingredients used may contain traces of peanuts, peanut oils, tree nuts, egg or other food allergens.*

### Breakfast For Dinner Friday Night Out - AGES 7-12

Enjoy making cheese omelets, bacon, fruit and yogurt parfaits and chocolate chip Danish pinwheels.

➤ **KD73S** - Fr, 3/13  
➤ NPHS/F131 ➤ 6-8pm  
➤ **Fee: \$30** ➤ **Mats Fee: \$10**

### Make a Meal of Snacks - AGES 7-12

Prepare sundried tomato dip, mini hot dogs in cheddar buns, fruit dip and chocolate chip cookies.

➤ **KD65S** - Sa, 4/4  
➤ NPHS/F131 ➤ 10:30 am-12:30 pm  
➤ **Fee: \$30** ➤ **Mats Fee: \$10**

### BABYSITTERS Babysitting | O |

Learn about marketing your business, setting your pay rate, age-appropriate play, behavior problems, and first aid and safety (no CPR). Bring a lunch, drink and snacks.

INST: MATERNITY CARE COALITION STAFF

➤ **KD16S** - Sa, 3/21  
➤ NPHS/K32 ➤ 9 am-3 pm  
➤ **Fee: \$102**

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# Just for Kids

## Art Classes for Kids

The following classes are offered in partnership with NP ARTS ALLIANCE

### Oil/Acrylic Painting for Children - AGES 10-ADULT

Beginning and skilled artists will learn basic oil painting techniques, color theory, composition and rules of perspective. Parents are required to attend the first class for information regarding needed materials. Fee includes one canvas board.

INST: WILLIAM LETVENKO

#### > AGES 10-ADULT

> **AR18S.2** - Sa, 2/29-5/9  
(NC: 4/11, 4/18)

> NPHS/J7

> 11 am-1:15 pm

> **Fee: \$132**

#### > AGES 15-ADULT

> **AR18S.1** - Tu, 3/3-5/12  
(NC: 4/28)

> NPHS/J6/J7

> 7-9 pm

> **Fee: \$132**

### Cartooning - AGES 7-11

Learn about penciling, inking, materials, Manga & American character design, action poses, storytelling, drawing and making comics. Fee includes most materials. INST: CAROLINE NIESLEY

> **KD24S.1** - Sa, 2/29-5/2 (NC: 4/11, 4/18)

> NPHS/J6

> 9-10:30 am

> **Fee: \$129**



[www.northpenncep.org](http://www.northpenncep.org)

### Drawing <sup>New</sup> - AGES 12-ADULT

For artists who want to improve their drawing skills. Learn time-tested, traditional drawing methods. Projects are encouraged through personal instruction. Pencil, ink and color will be used. Fee includes most supplies. Parents are required to attend first class for information about materials. INST: CAROLINE NIESLEY

> **AR91S** - Sa, 2/29-5/2 (NC: 4/11, 4/18)

> NPHS/J12/J18

> 11 am-12:30 pm

> **Fee: \$129**

## Sports for Kids

Monday	Tuesday	Wednesday	Thursday	Saturday
<b>YOGA FOR KIDS (Mo)</b> <b>AGES 4-7</b> <b>AGES 8-12</b> <b>KD89S.1</b> <b>KD89S.2</b> 6:30-7:15 pm 7:30-8:15 pm YA/Gym 3/2-4/6 <b>Fee: \$47</b>	<b>TWEEN YOGA (Tu) - KD86S</b> <b>AGES 10-15</b> 3/3-4/21 5-5:55 pm Indian Valley Y <b>Fee: \$57</b>	<b>ROCK WALL CLIMBING (We) - KD88S</b> <b>AGES 7-12</b> 3/4-4/22 7-8 pm Lansdale Y <b>Fee: \$57</b>	<b>TWEEN ZUMBA (Th) - KD85S.2</b> <b>AGES 10-15</b> 3/5-4/23 5-5:45 pm Indian Valley Y <b>Fee: \$51</b>	<b>FIELD HOCKEY CLINIC (Sa) - KD50S</b> <b>GRADES 1-6</b> 4/18 12-1:30 pm NPHS/Turf Field <b>Fee: \$15</b>
<b>TWEEN ZUMBA (Mo) - KD85S.1</b> <b>AGES 10-15</b> 3/2-4/20 4:40-5:20 pm Indian Valley Y <b>Fee: \$51</b>		<b>INTRO TO BATON TWIRLING (We) - KD78S</b> <b>GRADES 1-3</b> 3/4-4/29 (NC: 4/8) PD Gym 5-5:45 pm <b>Fee: \$51</b>	<b>GENERATION POUND (Th) - KD87S</b> <b>AGES 10-15</b> 3/5-4/23 5:45-6:30 pm Indian Valley Y <b>Fee: \$51</b>	<b>FIELD HOCKEY CLINIC STRATEGIES (Sa)</b> <b>GRADES 7-9</b> <b>Offensive</b> <b>Defensive</b> <b>KD55S</b> <b>KD58S</b> 4/18 5/9 NPHS/Turf Field 2-4:30 pm <b>Fee: \$25/ea</b>

### Field Hockey Clinic - GRADES 1-6

Instruction and activities are designed for all skill levels. Newcomers welcome! Skills covered include offensive and defensive strategies, passing and receiving and much more. Please have mouth guard, shin guards and water. Field hockey sticks are available to borrow at the clinic.

INST: SHANNON MCCracken

### Field Hockey Clinic Strategies - GRADES 7-9

**Offensive Strategies:** For beginners and intermediate field hockey players to learn or improve the basic offensive skills including dodges and ball handling, shooting skills and offensive team strategies. INST: SHANNON MCCracken

**Defensive Strategies:** For beginners and intermediate field hockey players to learn or improve the basic defensive skills including defensive positioning, hitting skills, tackling and defensive team strategies.

INST: SHANNON MCCracken

### Generation Pound - AGES 10-15

Become the music, combining cardio, conditioning and strength training. Using Ripstix light weighted drumsticks. POUND transforms drumming into an incredibly fun workout and is designed for all fitness levels. INST: INDIAN VALLEY YMCA

### Intro to Baton Twirling - GRADES 1-3

Learn basic twirls while focusing on good posture and coordination. At the end of the five-weeks, students will perform a routine for their families. INST: JESSICA BEHRLE

### Rock Wall Climbing - AGES 7-14

Improve strength, agility and have fun. Try different routes as you get stronger. INST: LANSDALE Y

### Tween Yoga - AGES 10-15

Get in the right frame of mind through yoga. Work on basic poses. INST: INDIAN VALLEY YMCA

### Tween Zumba - AGES 10-15

The ultimate dance-fitness party for young Zumba fans. Play it loud, rock with friends, be fearless and dance like nobody's watching. INST: INDIAN VALLEY YMCA

### Yoga for Kids - AGES 4-7 & 8-12

Children will learn yoga poses, meditation, mindful breathing and relaxation. Lots of fun games and activities will be incorporated. The goal of yoga is to help children manage stress and lead peaceful, meaningful lives. INST: HEIDI KREBS

**Look for the Summer Camp Booklet to come home with your child in March.**



# Seminars : Financial, Health & Legal

## Retirement: Making Your Money Last

Consider tradeoffs when developing a retirement account withdrawal strategy like working longer, spending less, and delaying social security as well as plan for the expected and unexpected expenses of insurance. INST: PETER BEDNAREK

- **FN53S** - Mo, 3/2
- NPHS/K30
- **Fee: \$30/GC: Free**
- 6-8 pm

## Home Buyer's Seminar

Understand how to shop for a home, the mortgage process, financing options including VA loans, closing costs, credit reporting and credit repair, tax benefits, home inspections, and realtor importance. INST: SUZI SHEARON JANSSENS

- **FN10S.1** - We, 3/4
- NPHS/K30
- **Fee: \$30/GC: Free**
- 7-9 pm
- **FN10S.2** - Sa, 3/14
- NPHS/K30
- **Fee: \$30/GC: Free**
- 9-11 am

## Sell & Stage Your Home

Learn how to plan, stage and sell your biggest investment for your best profit. Professionals will guide you with wisdom and expertise to make this process less stressful, quicker and successful! INST: SUZI SHEARON JANSSENS

- **FN22S.1** - We, 3/4
- NPHS/K32
- **Fee: \$30/GC: Free**
- 7-9 pm

## Teaching Kids About Money <sup>New</sup>

Gather ideas, activities and resources to help engage kids about money matters so they develop lifelong skills to pursue their goals and learn to live within their means and potentially avoid debt. INST: PETER BEDNAREK

- **FN50S** - Tu, 3/10
- NPHS/K30
- **Fee: \$30/GC: Free**
- 7-9 pm

## Five Money Questions for Women

Identify financial goals and set up a financial strategy. INST: DUNCAN REED

- **FN46S** - Mo, 3/23
- NPHS/K30
- **Fee: \$30/GC: Free**
- 6-8 pm

## Grandparent Custody Rights

Learn about when grandparents are permitted by law to intervene in a child custody matter and what factors the court will consider in determining grandparent contact. INST: CHRISTINA DEMATTEO

- **FN42S** - Th, 4/23
- NPHS/K32
- **Fee: \$30/GC: Free**
- 7-9 pm

## Social Security and You <sup>New</sup>

This class will help you make an informed decision about your benefits, including understanding your options and assessing your preferences, how your age impacts your benefits, changes in the program and determining a filing strategy. INST: PETER BEDNAREK

- **FN51S** - Tu, 3/24
- NPHS/K30
- **Fee: \$30/GC: Free**
- 7-9 pm

## How To Patent & Profit

Learn about the U.S. Patent system and protecting your invention. Determine if an idea is patentable, develop an idea, file for a patent, learn how the system works and lease patent rights for royalties. INST: ERIC LAMORTE

- **FN16S** - We, 3/25
- NPHS/K30
- **Fee: \$30/GC: Free**
- 7-9:30 pm

## Child Custody in PA

This seminar covers how to obtain and modify child custody orders. We will discuss difficult situations like substance abuse, mental illness and special needs and how they are handled in custody matters. INST: CHRISTINA DEMATTEO

- **FN43S** - Th, 3/26
- NPHS/K32
- **Fee: \$30/GC: Free**
- 7-9 pm

## Medicare 101

If Medicare sounds like alphabet soup to you and you seem to have more questions than answers, come to this informational meeting. INST: ANTHONY SPANGLER, CHFC, CLU, CASL

- **FN14S.1** - Mo, 4/6
- **FN14S.2** - Mo, 4/20
- NPHS/K30
- **Fee: \$30/GC: Free**
- 7-8:30 pm

## 5 Ways Technology Changes How You Age <sup>New</sup>

Learn the challenges and opportunities of longevity, consumer behavior and decision making and trends in demographics, technology and lifestyles. INST: PETER BEDNAREK

- **FN52S** - Tu, 4/21
- NPHS/K32
- **Fee: \$30/GC: Free**
- 7-9 pm

## Leave It, Move It, Roll It, Take It <sup>New</sup>

Discuss how to handle a 401(k), pension and other employer-sponsored retirement when leaving or changing jobs. INST: DUNCAN REED

- **FN54S** - Mo, 4/27
- NPHS/K30
- **Fee: \$30/GC: Free**
- 6-8 pm

# canine Training

COURSES ARE HELD AT: Molly's Country Kennels,  
2205 Wentz Church Road, Lansdale, PA 19446  
INST: ROSALIE COULTER

## DOG OBEDIENCE TRAINING

Teach your dog to be a better companion through behavior-oriented exercises. Dogs learn to sit, lie down, stay, stand, heel (walk by your side w/o pulling), come when called and remain in control when approached/touched by a stranger. Motivation is stressed, correction/punishment is de-emphasized. Minimum age of dog is eight weeks.

- **LR16S.2** - Mo, 3/2-4/6
- 6:45 pm
- **Fee: \$195**
- **LR16S.1** - We, 3/4-4/8
- 6:45 pm
- **Fee: \$195**
- **LR16S.3** - Sa, 3/7-4/11
- 12:30 pm
- **Fee: \$195**
- **LR16S.4** - Su, 3/8-4/19 (NC: 4/12)
- 8:15 am
- **Fee: \$195**

## CANINE GOOD CITIZEN AND TRAINING

For those who want to obtain the AKC Canine Good Citizen title for their dogs. A maximum of six dogs and handlers will learn the skills needed to pass the test, which will be given at the final class. Pre-requisite: Level I Obedience Training (puppy kindergarten is not sufficient).

- **LR17S** - We, 3/4-4/1
- 8 pm
- **Fee: \$195**



[www.northpenncep.org](http://www.northpenncep.org)

## SAVE 5% AT IN-PERSON REGISTRATION

- Wednesday, February 12
- 5-8 pm
- Community Education Office at the Educational Services Center  
401 E. Hancock St., Lansdale

A 5% discount will be given for registrations on this night only. Register and pay online at [www.northpenncep.org](http://www.northpenncep.org) and enter the code ONLINE% between 5 pm-8 pm to receive the same discount! When registering in-person, forms should be completed and brought with payment. Registrations can be mailed in at any time but the 5% discount is not accepted on mail-in registrations.



# Arts, Crafts & More

## Stained Glass <sup>New</sup>

Learn basic skills to complete a stained glass panel. Choose from a variety of colors. INST: LEANNE PURKIS

- **AR99S** - Mo, 3/2-3/23
- NPHS/K224
- **Fee: \$58**
- 6:30-8:30 pm
- **Mats Fee: \$75**

## Welcome Sign With Tiles <sup>New</sup>

Enhance your entranceway with a welcome sign using round tile letters. INST: COLOR ME MINE

- **AR98S** - Th, 3/19
- Color Me Mine/Montgomeryville
- **Fee: \$30**
- 5-7 pm
- **Mats Fee: \$10**

## Basic Beginner's Crochet

Get "hooked!" Learn to read a pattern and create a scarf using a foundation chain and single crochet. Bring a size I crochet hook and two 7-ounce skeins of acrylic yarn (size 4). Lighter colors are recommended. INST: HELEN TORRES

- **AR37S** - Tu, 4/14-4/21
- BP/Room 101
- **Fee: \$46**
- 6:30-8:30 pm

## Beginner Basic Basket Weaving

Learn how to weave 5"x4" basket. Perfect for the person who has never tried basket weaving.

INST: BARBARA PASQUALE

- **AR68S** - Tu, 4/21
- NPHS/F140
- **Fee: \$30**
- 6:30-8:30 pm
- **Mats Fee: \$7**

## Basket Weaving Wine Basket

Make a wine basket with handles that holds two bottles of wine. Perfect for a gift or yourself. Some weaving will be done at home between classes.

INST: BARBARA PASQUALE

- **AR65S** - We, 4/29-5/6
- NPHS/F140
- **Fee: \$46**
- 6:30-8:30 pm
- **Mats Fee: \$14**

## Luck of the Irish Floral Arrangement <sup>New</sup>

Celebrate the Luck of the Irish with A Floral Affair! Learn to arrange cut flowers to look like a Leprechaun dog. Bring a pair of snips or nippers.

INST: STEPHANIE GRAFF

- **AR97S** - Th, 3/12
- NPHS/F140
- **Fee: \$30**
- 6-8 pm
- **Mats Fee: \$30**

## Spring has Sprung Floral Arrangement <sup>New</sup>

A Floral Affair shows you how to make a beautiful bird's nest of fresh cut flowers to adorn your table. Bring a pair of snips or nippers.

INST: STEPHANIE GRAFF

- **AR96S** - Th, 4/2
- NPHS/F140
- **Fee: \$30**
- 6-8 pm
- **Mats Fee: \$30**

The following classes are offered in partnership with NP ARTS ALLIANCE

## Intuitive Acrylic Painting Workshop

All skill levels learn a variety of techniques and painting departures to energize your artwork. Experiment with layering colors, adding texture, mark-making and paints. Explore a series of artistic prompts/exercises to support letting go, connecting to your intuition and avoid judging your work. Registration by 2/24 is required.

INST: COLLEEN BRAND

- **AR72S** - Mo, 3/2-3/30
- NPHS/J18/J6
- **Fee: \$89**
- 7-9 pm
- **Mats Fee: \$45**

## Oil/Acrylics - AGE 15-ADULT

Beginning and skilled artists learn basic oil painting techniques, color theory, composition and rules of perspective. Parents are required to attend the first class with child to get information regarding materials needed. Fee includes one canvas board.

INST: WILLIAM LETVENKO

### AGES 10-ADULT

- **AR18S.2** - Sa, 2/29-5/9 (NC: 4/11, 4/18)
- NPHS/J7
- **Fee: \$132**
- 11 am-1 pm

### AGES 15-ADULT

- **AR18S.1** - Tu, 3/3-5/12 (NC: 4/28)
- NPHS/J7
- **Fee: \$132**
- 7-9 pm

## Alcohol Ink Workshop <sup>New</sup>

Explore this vibrant, fluid medium to create one of a kind artwork, suitable for framing and gift giving. This medium allows for experimentation with color and texture to encourage creativity. Wear old clothes or bring a smock as these inks can stain. Registration by 3/6 is required.

INST: BARBARA MOSS-BUSCHER

- **AR90S** - Tu, 3/17-3/24
- NPHS/J18/J6
- **Fee: \$69**
- 7-9 pm
- **Mats Fee: \$20**

## Drawing Secrets With a View to Painting

All skill levels welcome. Learn time tested, traditional methods. Draw anything from still life to landscape, people and animals. Apply wet and dry color mediums to drawings. Preliminary drawings for painting will be demonstrated. Supply list provided first class. Color mediums may be purchased. INST: CAROLINE NIESLEY

- **AR43S** - We, 3/4-4/29 (NC: 4/8)
- NPHS/J7
- **Fee: \$129**
- 6-8 pm
- **Mats Fee: \$10**



[www.northpenncep.org](http://www.northpenncep.org)

# Gold Card Members

Are you a NPSD resident age 60 years or better? Then join the Gold Card Club to receive one course in the Spring, Fall and Winter terms at the Gold Card rate. Members also receive FREE admission to school district sponsored home athletic events (except play-off games) and one FREE showing per play. Some programs do not qualify for Gold Card discounts, please read program descriptions carefully.

To enroll, visit the Office of School & Community Engagement at the Educational Services Center, located at 401 East Hancock Street, Lansdale, PA between 8 am - 4 pm, Monday through Friday.

To utilize this special pricing, registration for classes must be done in-person at any time prior to the class beginning. Or, if you prefer, you may mail your registration to the Office of School & Community Engagement.

## Drawing <sup>New</sup> - AGES 12-ADULT

Learn time tested, traditional drawing methods through easy exercises to improve your drawing skills. Pencil, ink and color will be used. Parents are required to attend the first class with child to get information regarding materials needed. Fee includes most supplies. INST: CAROLINE NIESLEY

- **AR91S** - Sa, 2/29-5/2 (NC: 4/11, 4/18)
- NPHS/J12/J18
- **Fee: \$129**
- 11 am- 12:30 pm

# PLANETARIUM 2020

All programs available for adults and children ages 5 and up. Children ages 5-12 must be accompanied by an adult. These guidelines do not indicate age appropriateness of the program. Telescope viewing and stargazing follows each program, weather permitting. Adults: \$10; Students \$8; GC: one free (if free Gold Card class has not already been utilized for the Spring session).

Programs held by NPHS Instructor James Bauman NPHS Planetarium, Room C25 from 7:30-8:30 pm.

## Celestial Highlights Of The Winter Sky

Is that a star or a planet? Come join us to discover the secrets of Orion the Hunter and the Orion Nebula, as well as other sights in the winter sky.

➤ SK13S.1 - SK13S.2 - Mo, 2/24

## Celestial Highlights Of The Spring Sky

Is that a star or a planet? Learn how Leo the Lion roars through the Spring Sky. We will discover many other Spring constellations and deep sky objects.

➤ SK11S.1-SK11S.2 - Mo, 3/16

## Music Under the Stars

Join the NPHS Chamber Ensemble, under the direction of Erica Milbourne, for a musical journey through the night sky. Proceeds go to the Senior Awards for Orchestra.

➤ SK10S.1-SK10S.2 - Mo, 3/30

## Celestial Highlights Of The Summer Sky

Is that a star or a planet? Join us as we discover how to find the Summer Triangle and Scorpius the Scorpion.

➤ SK13S.3 - SK13S.4 - Mo, 5/18



[www.northpennncep.org](http://www.northpennncep.org)

# LASER LIGHT SHOW

## Legends of the Night Sky

Interested in Greco-Roman Mythology? Love the stories behind the stars? Join us for an entertaining all ages story about Perseus, Andromeda, Orion and his dogs.

➤ SK31S.1-SK31S.2 - Th, 4/23

➤ 6:15-7:15 pm

➤ SK31S.3-SK31S.4 - Sa, 4/25

➤ 1:30-2:30 pm

## Laser Queen

Experience the music of Queen like you have never seen before. Join us for an immersive experience of a full dome laser show set to Bohemian Rhapsody, Killer Queen and more!

➤ SK32S.1-SK32S.2 - Th, 4/23

➤ 7:30-8:30 pm

➤ SK32S.3-SK32S.4 - Sa, 4/25

➤ 4-5 pm

## Electropop

Experience the music of Lady Gaga, Bastille, Lorde, Daft Punk, Katy Perry, The Chainsmokers and more modern artists as you never have before. Come out to the North Penn Planetarium for an immersive full dome laser light show!

➤ SK33S.1-SK33S.2 - Fr, 4/24

➤ 6:15-7:15 pm

## Rocketman

Join us in the planetarium as the music of Elton John is brought to life through an immersive full dome laser light show. Sit back and enjoy Philadelphia Freedom, Crocodile Rock, Saturday Night's Alright and more!

➤ SK34S.1-SK34S.2 - Fr, 4/24

➤ 7:30-8:30 pm

➤ SK34S.3-SK34S.4 - Sa, 4/25

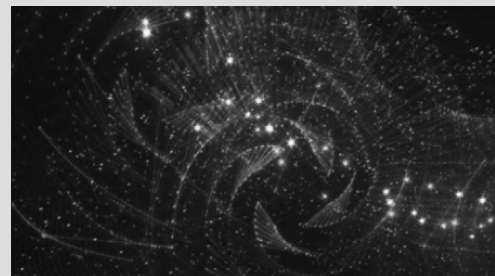
➤ 5:15-6:15 pm


## Pink Floyd's Dark Side of the Moon

The classic album Dark Side of the Moon in its entirety, brought to life through an immersive full dome laser light show. Experience Pink Floyd as you never have before!

➤ SK35S.1-SK35S.2 - Sa, 4/25

➤ 2:45-3:45 pm





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**Cancellation of  
Classes due to  
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is announced on:**

- [www.npenn.org](http://www.npenn.org)
- Twitter @NPSD
- NPTV Comcast 28/Verizon FIOS 29
- Radio Station WNPV 1440 AM
- KYW-Snow Number 303



## SAVE 5% AT IN-PERSON REGISTRATION

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- 5-8 pm
- Community Education Office at the Educational Services Center  
401 E. Hancock St., Lansdale

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# North Penn Community Education Program

401 E. Hancock Street  
Lansdale, PA 19446

email [malley@npenn.org](mailto:malley@npenn.org)  
or [beigel@npenn.org](mailto:beigel@npenn.org)

phone 215-853-1028 or 215-853-1029  
fax 215-853-1782 or 215-853-1783

- Online registration is available at [www.northpennncep.org](http://www.northpennncep.org)
- Mail or bring registration to the Community Education Program with check, charge number or money order: Community Education Program, 401 E. Hancock St., Lansdale, PA 19446
- Registration deadline is 2/28/20, late registrations accepted where space is available.
- Saturday classes begin 2/29/20, unless otherwise noted.
- Weekday classes begin the week of 2/24/20, unless otherwise noted.

## Registration Information

- REGISTRANTS SHOULD ASSUME ACCEPTANCE UNLESS OTHERWISE NOTIFIED IN ALL CASES.
- REGISTER EARLY to avoid disappointment at [www.northpennncep.org](http://www.northpennncep.org).
- NO PHONE REGISTRATIONS will be accepted.
- Gold Card Registrations accepted in-person or by mail only.
- Payment can be made by check or money order made out to "North Penn Community Education" or with VISA/MASTERCARD.
- Return checks are subject to a \$30 Return Check Fee.
- For Trips and Planetarium visits with multiple registrants, please include a list of names with contact information along with payment. Enrollment verification will be sent via email when an email address is provided. Please print clearly.
- Refunds will not be made after the first class is held.
- There will be a \$10 non-refundable registration fee on all cancellations.
- Courses may be canceled when enrollment is insufficient. Registrants affected will be contacted for a full refund.
- Unless otherwise noted, classes are intended for adults 18 years or older.
- Not designed for high school or college credit. Cancellation of classes due to inclement weather is announced on:
  - [www.npenn.org](http://www.npenn.org)
  - Twitter @NPSD
  - NPTV Comcast Channel 28/Verizon FIOS Channel 29
  - Radio Station WNPV 1440 AM
  - KYW-Snow Number 303

### CLASS LOCATIONS INCLUDE:

(BP) - Bridle Path Elementary

200 Bridle Path Road, Lansdale, PA 19446

Color Me Mine - Airport Square Shopping Center

801 Bethlehem Pike, North Wales, PA 19454

Freddy Hill Farm

1440 Summeytown Pike, Lansdale, PA 19446

(HF) - Hatfield Elementary

1701 Fairgrounds Road, Hatfield, PA 19440

Indian Valley YMCA

890 Maple Avenue, Harleysville, PA 19438

(KN) - Knapp Elementary

698 Knapp Road, Lansdale, PA 19446

Lansdale YMCA

608 E. Main Street, Lansdale, PA 19446

Molly's Country Kennel

2205 Wentz Church Road, Lansdale, PA 19446

(NPHS) - North Penn High School

1340 Valley Forge Road, Lansdale, PA 19446

(NW) - North Wales Elementary

201 Summit Street, North Wales, PA 19454

(OP) - Oak Park Elementary

500 Squirrel Lane, Lansdale, PA 19446

(PB) - Pennbrook Middle School

1201 North Wales Road, North Wales, PA 19454

(PD) - Pennedale Middle School

400 Penn Street, Lansdale, PA 19446

(PF) - Pennfield Middle School

726 Forty Foot Road, Hatfield, PA 19440

(WF) - Walton Farm Elementary

1610 Allentown Road, Lansdale, PA 19446

(YA) - York Avenue Elementary

700 York Avenue, Lansdale, PA 19446

## COURSE AND TRIP ENROLLMENT FORM

Mail to: North Penn Community Education Program | 401 E. Hancock St., Lansdale, PA 19446

Activity:		Birthdate:		
Time:	am/pm (circle)	Day: Mo/Tu/We/Th/Fr/Sa/Su (circle)	Fee: \$	Gold Card: Y/N (circle)
Grade: (if Kids Class)				
Name:				
Address:		City:		Zip:
Phone:	Cell:	Email:		

**Waiver:** I/we hereby release the North Penn School District, and its employees, agents, or servants from any and all causes of action and claims for injury or damage arising out of participation of any Community Education Program courses/camps that I or my child(ren) have registered for. I acknowledge that I have been informed that serious injury, including catastrophic injuries, paralysis, or even death, even under careful supervision, can result from accidents during any of the NPSD Community Education courses/camps. Photography/video may be used from NPSD Community Education classes/courses. To opt out of photography/video release, please visit [www.npenn.org](http://www.npenn.org), "For Families" section, for a Publicity Refusal Form.

**NOTE:** Attach check or money order payable to: **NORTH PENN COMMUNITY EDUCATION.**

**ENROLLMENT VERIFICATION IS SENT VIA EMAIL.**

**There will be a \$10 non-refundable registration fee on all cancellations.**

☐ VISA ☐ Mastercard

Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Card Number: \_\_\_\_\_

Security Code: \_\_\_\_\_

Signature: \_\_\_\_\_



# NORTH PENN Community Education Program

**NP**  
NORTH PENN  
School District  
401 East Hancock St.  
Lansdale, PA 19446

Non-Profit Organization  
U.S. Postage  
PAID  
Lansdale, PA 19446  
Permit NO. 286

## Gold Card Spring Highlights

- NPHS Spring Theatre Show, 4/30-5/3
- Gold Card Matinée: 4/29 at 1 pm
- NPHS Orchestra Concert: 5/12
- NPHS Band Concert: 5/14
- NPHS Choral Concert: 5/21
- Check [www.npenn.org](http://www.npenn.org) for the Gold Card Newsletter

Please check the 2019-2020 activities calendar, available at the Office of School and Community Engagement or online at [www.npenn.org](http://www.npenn.org), for times and locations.

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### A DAY IN NYC

We will drop you off close to 46th Street and 8th Avenue and the rest of the day is yours to do as you please. Travelers will receive information packets with suggestions for restaurants, museums and where to get half-price matinee theatre tickets. You will be picked up at 6:30 pm in the same place you were dropped off in the morning.

**TR10S.1** - Sa, 4/25

NPHS/Parking Lot 8 am-9 pm

**Fee: \$53**

**Trip Cancellation Policy:** A full refund will be given for notice received at least 30 days prior to trip. If notice is received up until five days before the trip occurs, a credit voucher will be issued in the amount of the trip minus any prepaid amounts. The credit voucher may be used toward a future trip for up to one year from the date of issue. No refund or credit will be issued for cancellations within five days of trip. Registration must be received one month before trip date although late registration is accepted when space is available. Please list all travelers and contact information attending on registration form.



The North Penn School District sponsored Community Education Program provides unlimited educational and recreational opportunities for residents of all ages. Support for the community school and aquatic program demonstrates that members of the board of school directors and district administrators are committed to community use of facilities.

**Superintendent:** Curtis R. Dietrich, Ed.D

#### Board of School Directors:

Tina Stoll (President);  
Christian D. Fusco (Vice President);  
Elisha K. Gee, Jonathan M. Kassa,  
Dr. Wanda Lewis-Campbell, Timothy MacBain,  
Juliane Ramic', Al Roesch, Cathy Wesley

#### Director of School & Community Engagement:

Christine Liberaski

#### Advertising & Marketing Specialist:

Erika Shaedle



**IS CLASS  
CANCELLED  
BECAUSE OF  
WEATHER?**

See page 10  
for details.

### Promote your business or organization to the North Penn Community

Reserve your space now for the 2020-2021 Activities Calendar!

Activities Calendar | Alumni Thanksgiving Flag Football Game  
Community Education Program Catalogs | E-Matters e-Newsletter  
Kindergarten Registration Welcome Guide | Signage & Banners



For information and pricing, contact Erika Shaedle at [shaedler@npenn.org](mailto:shaedler@npenn.org), call 215-853-1027 or visit [www.npenn.org/advantage](http://www.npenn.org/advantage).